

## 6A District III Track & Field 2025 Meet Schedule

Thursday, May 8th

**2:00 PM – Field Events**

Boys	Girls
Javelin	Long Jump

**4:30 PM - Field Events**

Boys	Girls
Shot Put	Discus
Triple Jump	High Jump
Pole Vault	

**3:00 PM- 3200m Final**

**6:00 PM- Running Prelims (rolling schedule)**

100/110H

400m

**20 min. Break**

100m

300H

200m

**4X800 Relay (final)**

Friday, May 9th

**2:00 PM – Field Events**

Boys	Girls
Long Jump	Javelin

**4:30 PM - Field Events**

Boys	Girls
Discus	Shot Put
High Jump	Triple Jump
	Pole Vault

**6:00 PM- Running Finals**  
(time schedule)

4 x 200 Relay

1600m

100/110H

400m

**20 min. break**

100m

800m

4 x 100 Relay

300H

200m

**15 min. break**

4 x 400 Relay

**Boise  
Borah  
Caldwell  
Capital  
Centennial  
Eagle  
Kuna**

**Meridian  
Mountain View  
Nampa  
Owyhee  
Ridgevue  
Rocky Mountain  
Timberline**

# 5A District III Track & Field Meet Schedule

UPDATED 04/06/25

## FRIDAY TIME SCHEDULE

Event	Time
G 4 x 200 H1	6:00
G 4 x 200 H2	6:05
B 4 x 200 H1	6:10
B 4 x 200 H2	6:15
G 1600 H1	6:20
G 1600 H2	6:28
B 1600 H1	6:36
B 1600 H2	6:44
G 100H	6:56
B 110H	7:06
G 400	7:12
B 400	7:18

20 min break .....

G 100	7:38
B 100	7:44
G 800 H1	7:50
G 800 H2	7:56
B 800 H1	8:02
B 800 H2	8:08
B 800 H3	8:14
G 4 x 100 H1	8:20
G 4 x 100 H2	8:26
B 4 x 100 H1	8:32
B 4 x 100 H2	8:38
G 300H	8:44
B 300H	8:50
G 200	8:56
B 200	9:02

15 min break .....

G 4 x 400 H1	9:20
G 4 x 400 H2	9:28
B 4 x 400 H1	9:36
B 4 x 400 H2	9:44

\* Slower heats of relays will run first



## 2025 District Track Meet Information

Greetings Teams and welcome to the 2025 district track meet. The track will open at 1:00pm for team arrivals and warmups. Please be aware that school will still be in session until 2:37pm each day. Athletes will enter through the East end entrance. We do not want them to come and go through the Main spectator entrance.

**Host:** Meridian High School

**Meet director:** Nichole Williamson

**Admission-** SIC Pricing

**Bus Drop off** will happen on the far west side of the school near the stadium entrance. There will be bus parking in the far end parking lot along Pine St. This area will be flagged off.

**Concessions** will be available on the east visiting side of the stadium and behind the home stadium. Please no outside food or drink in the venue.

**The Scratch meeting /Entries** will be held on Friday May 2<sup>nd</sup> at Meridian High School at 6:30pm. **Entries need to be in by 12:00pm on FRIDAY!!** We will be in RM G1 and dinner will be provided. Enter on the west side of the building across from the baseball field entrance. Head coaches only! We will be voting on Male Track athlete, Male Field athlete, Female track athletes, Female Field athlete, and Male and Female coach of the year. Please submit to me your nominations by April 30<sup>th</sup>. Williamson.nichole@westada.org

**Athletic Trainer** will be available on site- Chloe Sholtz

**Timer:** Tyler Waggoner

**Check In-** Athletes will need to check in all athletes in running events should have a hip number. 4x8 anchors, 1600, 800, 3200, and 4x4 anchors need to have hip numbers AND their bib on to ensure accuracy as inevitably several athletes will have numbers fall off.

**Warm up areas/ Tent Set up-** Athletes may use the grass on the East side of the campus outside of the jump pits for warm up. The infield will be used for athletes on deck to compete. All tents need to be set up on the East side of the stadium in Linder field.

**All Coaches Meeting** will happen at 4:15 pm On Thursday at the Finish line

**Coaches Hospitality Room-** will be located the building next to the stadium (Garage)

**Awards:** Individual Medals will be awarded to the top three finishers, team trophy for District Champions

[CLICK HERE FOR ATHLETIC.NET LINK](#)