

**Varsity and JV SIC District III  
5A (4-3-2-1A) and 6A High School  
Swimming Championships**  
(5A is a combination of 5-4-3-2-1A schools)

- Date:** **Tuesday, October 29, 2024**  
Boise City Aquatics Center  
5959 N. Discovery Place, Boise, Idaho 83713
- Facility:** 10 lanes, 25 yards with depths 4-13 feet; paragon style blocks; 6” anti-wave lane lines, Daktronic Timing system with 10 lane electronic scoreboard.
- Meet Referees:** Vicki Marsh: [vicki50marsh@gmail.com](mailto:vicki50marsh@gmail.com) - Varsity  
Chad Schaffer: [chad@tokcommercial.com](mailto:chad@tokcommercial.com) - Varsity  
Bill McCloskey: [swim.chs18@gmail.com](mailto:swim.chs18@gmail.com) - JV
- District III Commissioner:** Deb Hill: [debrahill1030@gmail.com](mailto:debrahill1030@gmail.com)
- Meet Director:** Susan Smith: [iwcfSusan@gmail.com](mailto:iwcfSusan@gmail.com)
- Entries:** Patty Stratton: [tvhssmeetentrychair@gmail.com](mailto:tvhssmeetentrychair@gmail.com)  
**(As the JV and Varsity meets are separate meets, coaches will need to send two separate electronic entry files: one entry file for the JV meet and one entry file for the Varsity meet.)**
- Spectator Entry Doors Open:** **JV Meet:** 7:30am      **Varsity Meet:** 1pm
- Gate Prices:** \$8 adults/students w/o activity card, \$5 students with activity card, \$3 for seniors/military/elementary students. Cash or check only.
- Heat Sheets:** \$3 at the gate
- Deck Access:** Deck access is for officials, admin, swimmers, coaches, and volunteers. All spectators must sit in the bleachers.
- Schedule:** **JV Meet:** Warm-ups: 8 -8:50am      Meet Start: 9am  
**Varsity Meet:** Warm-ups: 1:30-2:50pm      Meet Start: 3pm  
**(1:30-2:10pm and 2:10-2:50pm)**
- Coach Meeting:** Coaches Meeting – 15 minutes prior to warm-ups for each meet.  
**JV Meet:** 7:45am      **Varsity Meet:** 1:15pm
- One coach from each team must attend the meeting.**
- Officials Meetings:** **JV Meet:** 8:15am      **Varsity Meet:** 1:45pm
- Rules:** This meet will be governed by the rules of the National Federation of State High School Rules Book: Boys and Girls Competition 2024-25. Call (317) 972-6900 for rule books. The Idaho High School Activities Association Rules and Regulations (IHSAA) are in affect. This is a USA Swimming observed meet.
- The NFHS Rules scratch rule will be enforced (Rule 3-Sec.2 Art.2 (3)). If a swimmer does not declare a scratch and is not at the starting block when the official closes the heat, the swimmer will be disqualified for the remainder of the meet. This includes relay events.  
**Please be familiar with this rule.**

Swimmers who have qualified for Varsity Districts in any individual event are not eligible to swim in the JV District Meet.

JV swimmers may swim individual and relay events in the JV meet **OR** may swim in the Varsity meet as a relay-only swimmer. **JV swimmers cannot, however, participate in both meets.**

**All entry times must have been swum at one of the dual/tri/invitational meets held during the current season!**

Coaches will be given relay cards in their coaches' packets available at the coaches' meetings. Relay swimmers will carry their card to the blocks with them. This is a pre-seeded, no card meet for all other events.

All events will be swum as timed finals, slowest to fastest. The meet will be pre-seeded in championship format, by time.

### **Varsity Meet:**

#### **Individual Entries:**

1. Swimmers must have achieved at least one qualifying time during the current season in order to swim in the 2024 District Varsity Meet.
2. Swimmers may enter a maximum of four events, no more than two of which may be individual events.
3. Swimmers must have a current season time in all individual events they enter. NT's will not be allowed.
4. Swimmers who achieve only one qualifying time will be allowed a Bonus swim as their second event. No Bonus swims will be allowed in the 500 free.

#### **Team Entries:**

1. Each team may enter a maximum of four qualified or unqualified swimmers in all individual events, except the 500 Free.
2. The 500 free is limited to 4 entries per team. All swimmers must have a qualifying time in order to enter the 500 Free.
3. The definition of a Bonus swim is entering an unqualified swimmer in an event as one of the four possible scoring athletes. **Swimmers entered in an event with a Bonus swim may place, score, and receive awards.**
4. Each team may also enter up to two Exhibition swimmers in all events (except the 500 free) and up to four Exhibition swimmers in the 50 Free. **Swimmers who are entered in an event as an Exhibition swimmer will not place, score, or receive awards and cannot, under any circumstances advance to State.**
5. **Bonus and Exhibition individual and relay swims must be clearly marked in your entry file by checking either the Bonus or Exhibition box when entering each swimmer/relay.**

#### **Relay Entries:**

1. Each team may enter two relays in each of the relay events. However, only the A relay can score. The "B" relays may participate but must be designated as Exhibition Only in your entry file and cannot, under any circumstances, advance to State. Relays may enter with a NT. **Any entry time for a relay must be from the current season.**
2. All relay and relay-only swimmers **must** be listed in the master entry file and pay the entry fee. Relay-only swimmers do not need to be assigned to a specific relay until the relay card entry deadline.
3. JV swimmers who did not qualify for the Varsity meet in an individual event may swim in the Varsity meet as a relay-only swimmer. If a JV swimmer participates in the Varsity meet as a relay-only swimmer, they may not participate in the JV meet.

**Junior Varsity:****Individual Entries:**

1. Individual swimmers may enter a maximum of four events, no more than two of which may be individual events.
2. No times (NT) will be allowed for entry into the JV meet. If an entry time is submitted for an event, the time must have been swum at one of the dual/tri meets held during the current season.

**Team Entries:**

1. Each team may enter a maximum of four swimmers in all individual events.

**Relay Entries:**

1. Two relay teams can be entered but only one relay, either the A or the B, will be scored.
2. Relay-only swimmers **must** be listed in the master entry file and pay the entry fee.
3. Relay-only swimmers do not need to be assigned to a specific relay until the relay card entry deadline.

**Entry Fees:**

**No charge for SIC teams. Non- SIC Teams \$13.50 per swimmer, including relay-only swimmers.** Checks for non-SIC teams will be collected at the gate by the host team in charge. Checks should be made out to Southern Idaho Conference.

**Entry****Deadline:**

**ENTRY DEADLINE: Thursday, October 24, 2024 -- 6:00 p.m. MST.**

**Changes will only be allowed after the entry deadline to correct coach entry errors. Any corrections must be made by 6pm, Friday, October 25.**

**Electronic entries are required. You must submit separate entry files for each meet.**

**Email entries to: Patty Stratton, [tvhssmeetentrychair@gmail.com](mailto:tvhssmeetentrychair@gmail.com)**

**Scoring:**

Individual events: 9, 7, 6, 5, 4, 3, 2, 1  
Relays: 18, 14, 12, 10, 8, 6, 4, 2

**In all events, swimmers in both Divisions 5A (4-3-2-1) and 6A will swim together but will score separately.**

**Varsity Awards:**

Individual awards for Girls and Boys - 6A and 5A (4-3-2-1) - Medals 1-3<sup>rd</sup>  
Relays awards for Girls and Boys - 6A and 5A (4-3-2-1) - Medals 1-3<sup>rd</sup>  
Team Awards for Girls and Boys – 1<sup>st</sup> for 6A and 1<sup>st</sup> for 5A (4-3-2-1)

**JV Awards:**

No individual awards  
Overall Champions for Girls and Boys 5A and 4A (Traveling Trophy)

**2024 District III Representation**

**For State Champs:** All swimmers' times must be submitted to the IHSAA **by November 2<sup>nd</sup>** for State consideration. The IHSAA will compile the times from the district events around the state to determine state qualifiers using approved representation below. District meet results must be submitted by coaches via MaxPreps on or before the deadline above.

**6A-** Individual Events – top 7 automatically qualify for State; next 6 times will be considered for an at-large berth. Relays – top 6 automatically qualify for State; next 2 times will be considered for an at-large berth.

**5A -** Individual Events – top 3 automatically qualify for State; next 5 times will be considered for an at-large berth. Relays – top 2 automatically qualify for State; next 3 times will be considered for an at-large berth

**District III HIGH SCHOOL  
SWIMMING CHAMPIONSHIP EVENT ORDER**

**JUNIOR VARSITY MEET  
Warm-Ups: 8:00-8:50 am Meet Start: 9:00 am**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>1</b>	<b>200 Medley Relay</b>	<b>2</b>
<b>3</b>	<b>200 Freestyle</b>	<b>4</b>
<b>5</b>	<b>100 Individual Medley</b>	<b>6</b>
<b>7</b>	<b>50 Freestyle</b>	<b>8</b>
	<b>10 Minute Break</b>	
<b>9</b>	<b>50 Butterfly</b>	<b>10</b>
<b>11</b>	<b>100 Freestyle</b>	<b>12</b>
	<b>5 Minute Break</b>	
<b>13</b>	<b>200 Freestyle Relay</b>	<b>14</b>
<b>15</b>	<b>100 Breaststroke</b>	<b>16</b>
<b>17</b>	<b>100 Breaststroke</b>	<b>18</b>

**VARSITY MEET  
Warm-Ups: 1:30-2:50 pm Meet Start: 3:00 pm**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>1</b>	<b>200 Medley Relay</b>	<b>2</b>
<b>3</b>	<b>200 Freestyle</b>	<b>4</b>
<b>5</b>	<b>200 Individual Medley</b>	<b>6</b>
<b>7</b>	<b>50 Freestyle</b>	<b>8</b>
	<b>10 Minute Break</b>	
<b>9</b>	<b>100 Butterfly</b>	<b>10</b>
<b>11</b>	<b>100 Freestyle</b>	<b>12</b>
<b>13</b>	<b>500 Freestyle</b>	<b>14</b>
	<b>5 Minute Break</b>	
<b>15</b>	<b>200 Freestyle Relay</b>	<b>16</b>
<b>17</b>	<b>100 Backstroke</b>	<b>18</b>
<b>19</b>	<b>100 Breaststroke</b>	<b>20</b>
<b>21</b>	<b>400 Freestyle Relay</b>	<b>22</b>

**QUALIFYING TIMES FOR  
2024 IDAHO HIGH SCHOOL VARSITY  
DISTRICT 3 CHAMPIONSHIP SWIM MEET**

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
2:34.66	<b>200 Freestyle</b>	2:26.31
2:59.60	<b>200 Individual Medley</b>	2:38.82
33.49	<b>50 Freestyle</b>	27.37
1:29.93	<b>100 Butterfly</b>	1:20.54
1:09.06	<b>100 Freestyle</b>	1:02.30
7:06.95	<b>500 Freestyle</b>	6:38.78
1:26.45	<b>100 Backstroke</b>	1:18.40
1:28.21	<b>100 Breaststroke</b>	1:25.78

